CAMP FIRE COOKING

Food cooked outdoors tastes much better than that cooked inside. Here are a couple of simple recipes that can be cooked easily by girls of any age during a Guide meeting.

• ACTIVITY 1

Outdoor Cooking Quiz to recap on fire safety (Refer to Resource - Outdoor Cooking Quiz)

ACTIVITY 2

(As a group) Collect wood, Build a camp fire and light it

Consider:

- > Fire safety
- > Size and storage of wood in size order (on a tarpaulin),
- > Buckets of hessian with water
- > Cut out grassed area
- Firelighters / kindling.



• ACTIVITY 3

Start cooking (each girl makes her own)

➤ Bacon & Onion Potatoes

(Refer to Resource - Bacon & Onion Potatoes)

Banana Dream Boat

(Refer to Resource - Banana Dream Boat)

ACTIVITY 4

Camp fire songs whilst food is cooking (Refer to Resource – Camp Fire Songs)

Clear up – replace grass. Ensure that the fire is out and embers buried.

