INDOOR COOKING

ACTIVITY 1

Brainstorm on Cooking Safely on Gas Stoves (*Refer to Resource – Fire & Gas Safety*)

ACTIVITY 2 •

Get all the girls in a circle and get them to take turns to light a match, let it safely burn (takes longer than they think!), blow it out and discard on a saucer. (Follow fire safety precautions)

ACTIVITY 3

Each patrol make one of the following, using the indoor gas stoves:

Pancakes	(Refer to Resource - Pancakes)
Trefoil Egg in a Basket	(Refer to Resource – Trefoil Egg in a Basket)
Popcorn & Butter	(Refer to Resource - Popcorn)

ACTIVITY 4

All make s'mores

The original s'more was simply toasted marshmallow and a square of chocolate sandwiched between two crackers, allegedly invented by the Girl Guides of America while on a camping trip and named for its "some-moreish" qualities!

Toast a marshmallow over the gas flame until gooey, then place between two chocolate biscuits which will melt against the warm marshmallow

Optional

Armpit fudge (no stove necessary) (*Refer to Resource – Armpit fudge*)